

# Everyday Heroes

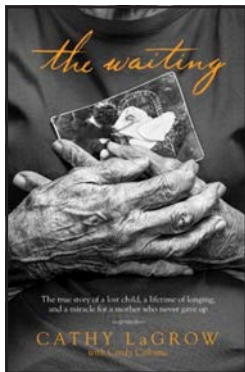
By Jenny Lind Conlee

Do you know an Everyday Hero that deserves recognition?  
Submit your suggestion to [jenny lindconlee@gmail.com](mailto:jenny lindconlee@gmail.com)!

## Tualatin Mom Turned Author: Dreams Do Come True

BY JENNY LIND CONLEE

In our very own back yard, is a woman with a passion for words. An avid reader, Tualatin resident Cathy LaGrow has more books than shelves. So, it was not surprising to those who know her that she, too, would be an excellent wordsmith. She wrote a story nearly 100 years in the making.



You can get your copy of *The Waiting* by Cathy LaGrow on Amazon.

forgotten. Mother and daughter were reunited nearly 80 years later. It is a beautiful story that inspires and restores hope.

Cathy spent dozens of hours in the Tualatin library doing research and writing, because when you're a mom, where are you supposed to go to get anything done? It took two years to write the book, but only four months of that was full time as Cathy is mom to amazing boys, Cameron and Connor.

Cathy's passion for telling this story is an important element in this beautiful

redemptive tale. It is a reminder that it is never too late to pursue a dream. You must make time. Pursuing a dream is never convenient.

Minka lived to see this story in print. In fact, it's been printed in four languages; English, Dutch, German and Polish. Her hands are even on the cover of the book itself with the one photo she had of her baby girl. As a family, they promoted the book together and were even on the Today Show. Minka passed not long after the release of the book in 2014 at 102 years old. Words cannot describe this insurmountable loss, but she lives on in the pages of *The Waiting* and in the hearts of her family who adored her. Cathy has since begun work on her second book.

Everyone has a story. Maybe it's time to tell yours.



Cathy LaGrow



**Jenny Lind Conlee** is the wife of a Tualatin pastor, mom of twin boys, actor, singer, comedian and lover of donuts. You can follow her on Twitter [@jenny lindconlee](https://twitter.com/jenny lindconlee) or on her blog: [thefivestages.wordpress.com](http://thefivestages.wordpress.com).