

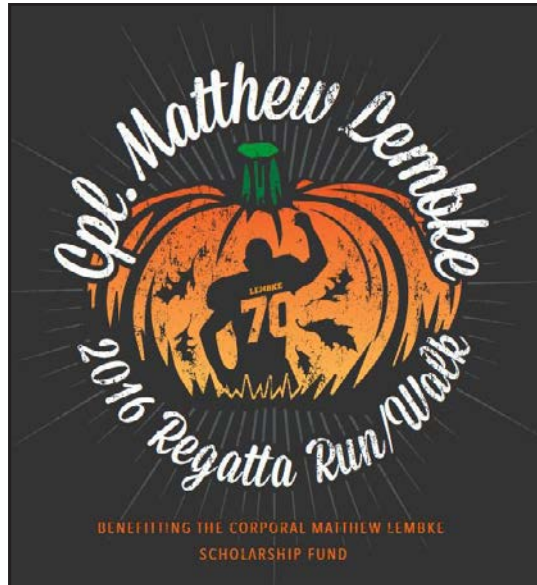
The Return of a Legacy

Regatta Run Returns for Eighth Year

BY KATHRINE HOLLAMON

If you've been around Tualatin in the Fall for the past 8 years, you probably have heard of the Regatta Run. In fact, the Regatta Run has become a "thing" in Tualatin (as my students put it), and the community looks forward to it every year. Sponsors graciously support it, and people- from near and far- sign up for what has become a Tualatin tradition. Some are seasoned athletes- joggers or walkers- and some are people who just want to take part in this very special event. Why? It all started with a hero. Matt Lembke was a Tualatin High School graduate in 2005. He joined the Marines, served two tours in Iraq, and then a third in Afghanistan. His plan was to come back and go to college after this tour. Unfortunately, he was critically injured and did not survive his injuries. A scholarship fund was started in his name, for Tualatin High School graduates, and the Regatta Run was born as the only fundraiser for it. In this way, Matt's legacy lives on. The students at the high school know who he is, and many of them stop to look at the framed picture of Matt and his football jersey above the weight room. Many teachers will show the promo video, using photos from the previous year's events, posters go up in school and around town, and people lace up their sneakers and come... to honor Matt, to continue his legacy, and to raise funds for the scholarship.

The Regatta Run is a collaborative event with the Lembke family, Tualatin High School, the Tualatin Chamber of Commerce, as well as the City of Tualatin, sponsors, raffle prize donors, and many volunteers and participants. The course begins at Tualatin Community Park, and crosses over the footbridge to Cook Park, and back. The trees along the course are beautiful this time of



the year, and hopefully we will be blessed with good weather again. There will be coffee and hot chocolate, and free food after the event. Be sure to stick around for the award ceremony afterwards. There are medals for the winners, and this year, we will also be awarding age group winner ribbons. This year, we will have chipped bibs, and the tradition of raffle prizes continues. The VFW Hall, named Matthew Lembke Hall, also serves a yummy breakfast after the event for a nominal donation.

So whether you are in training or not, you can take part in this wonderful community event, raising funds for kids, and honoring and remembering our own town hero, Corporal Matthew Lembke. The cost to register is \$35.00 and includes a dryfit long sleeve t-shirt, while supplies last. Thank you for your support!

For more information, go to www.fitcitytualatin.com/regatta-run.



2016 REGATTA RUN

5K RUN OR WALK

FUNDRAISER FOR THE CPL. MATTHEW LEMBKE MEMORIAL SCHOLARSHIP FUND

SATURDAY, OCTOBER 15 9:00AM

TUALATIN COMMUNITY PARK 8515 SW TUALATIN ROAD

PRESENTED BY **Express**
EMPLOYMENT PROFESSIONALS

PLATINUM SPONSORS



AND BROUGHT TO YOU BY
THE LEMBKE FAMILY AND



GET SOCIAL WITH US!



Regatta Run tualatinregattarun @tualregattarun

GOLD SPONSOR



SILVER SPONSORS

JAE OREGON
WILSONVILLE HONDA
US BANK- TUALATIN
VFW POST 3452
PACIFIC WEST ROOFING
PRECISION TEST & BALANCE
FREEZE FRAME PHOTOGRAPHY
ONPOINT COMMUNITY CREDIT UNION
WILSONVILLE FAMILY FUN CENTER & BULLWINKLES

TUALATIN SOCCER CLUB
ROAD RUNNER SPORTS
TUALATIN AUTO BODY
BEEBE CHIROPRACTIC
NEW SMILES DENTAL
TUALATIN LIFE
ROAD ID

FOR MORE INFORMATION AND TO REGISTER, GO TO
WWW.FITCITYTUALATIN.COM/REGATTA-RUN/

HELD IN CONJUNCTION WITH THE 13TH ANNUAL WEST COAST GIANT PUMPKIN REGATTA

